**March 8th**

Hi everyone I hope you all had a lovely weekend. Hopefully this is our final week of remote learning!!

Below is a plan of work for the week. As you know the plan can change so check this document on seesaw every day.

I have highlighted activities on seesaw in green. Please watch all videos that are uploaded.

On Tuesday and Thursday, we will have our zoom call.  **Please note that our call times are 15** **minutes earlier this week.** On Tuesday your seesaw activities will be uploaded at 10:30

Please watch ALL announcement videos and Seesaw Videos Seesaw!

Daily Routine:

* Check Seesaw for announcements/ activities
* Mental Maths
* Gaeilge
* 15-minute movement break/P. E
* Break (11.00)
* New Wave English
* Maths activity
* Break (1:00)
* D.E.A.R- 20 mins
* English Activity
* SESE/Art/Music/ S.P.H.E./P. E
* MM and NWE corrections

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Remember you can contact me at sohanlon@lachteen.ie  if you have any queries.

Translation tools for Gaeilge- [www.teanglann.ie](http://www.teanglann.ie)  , [www.tearma.ie](http://www.tearma.ie) , [www.focloir.ie](http://www.focloir.ie) .

Gaeilge Spellings

This week I want you to revise all your Irish spellings. You should have all of them written out in your copy.

I have uploaded the same English spellings as we will be studying The Eye this week.

English Spellings

**The Eye**

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| cornea |
| sclera |
| iris |
| retina |
| optic nerve |
| structure |
| particles |
| muscles |
| transparent |
| microscopic |
| transmitter |
| scientists |

**Please make sure you put a date and heading on everything in your copy**

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| **Monday****Check seesaw for Announcements/Activities**Mental maths- week 27Gaeilge – Write first sp in copy and learnGaeilge- Seesaw activity bunaithe ar abair liom l114 a & B due tomorrow.Duolingo- See assignment. minimum xp of 100 for the weekP.E.- Complete this circuit:1. 5-minute jog/ fast walk
2. Hamstring stretch, hip circles & arm swings
3. 45 seconds wall squat
4. 45 second single leg lunge (left leg)
5. 45 seconds single leg lunge (right leg)
6. 45 seconds squat jumps
7. 45 seconds bear crawl
8. 45 seconds plank
9. 2 minute run moderate pace.

Take 15-30 second break between each exercise. take 2 minutes break at the end of each round. complete three rounds of the exercises.BreakNEW Wave English-  back to the front of the book. Start on day 95Busy @ Maths pg. 105 Q1-4 Seesaw Activity. (watch video first!!!) Do over two days. Correction video tomorrow. **Make sure you correct before you submit on Tuesday!!**BreakD.E.A.R./Epic- 15-20 mins6-minute podcast episode 2 - see seesaw for activity (finish before tomorrow’s zoom call)English Spellings- Work through the listWeaving Wellbeing- complete work in book (lesson 9)SESE- Science- the Eye- due Thursday Activity information on SeesawHistory- project due Friday week (March 19th)Mental Maths & New Wave Eng. correctionsZoom call tomorrow.  |

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| **Tuesday****Zoom meeting @9:45. Make sure you have your computer /device set up at least 15 minutes prior to the meeting. Please contact** **oifig@lachteen.ie** **if your parents have not received the link or if you are having difficulties.****Just a maths correction video this morning**Mental Maths-TuesdayGaeilge- Seesaw    l. 114. See yesterday’s video. Do A & B, due today. Spellings- next 4Duolingo- See assignment. minimum xp of 100 for the week15-minute movement breakBreakBusy @ Maths- Submit work from yesterday & today. (Please make sure it is corrected!)New wave English. BreakD.E.A.R./Epic- 15-20 mins.English spellingsEnglish - Diffney Quiz see Seesaw6-minute podcast episode 3 - see seesaw for activityMental Maths & New Wave Eng. correctionsSESE- Science- the Eye- due Thursday Activity information on SeesawWeaving Wellbeing- complete work in book (lesson 9)   |

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| **Wednesday****Check for announcements/activities**Mental Maths- WednesdayGaeilge- Seesaw -Boomcards & spellingsDuolingo- See assignment. minimum xp of 100 for the weekMovement breakBreakNew Wave English.Maths-  Seesaw Busy @ Maths pg. 106 Q1-3Upload tomorrow after correction video. I need to see rough work too!BreakD.E.A.R./Epic- 15-20 mins.English- Diffney Quiz-Seesaw Solutions during zoom tomorrow and posted to seesaw tomorrow. English Spellings6-minute podcast episode 3 - see seesaw for activitySESE- Science- the Eye- due Tomorrow. Activity information on SeesawWeaving Wellbeing- complete work in book (lesson 9)Mental Maths & New Wave Eng. corrections Prepare an interesting fact for tomorrow’s zoom call. The more unusual the better! |